

Loving Paws Adoption Center

Sponsored by
Pulaski County Humane Society



8th Annual “Payin for the Spayin” 5K Run/Walk

Saturday, March 3, 2018 10:00 a.m.

Starting Location: Crocker Park, 113 Park Street in Crocker, MO

Race day registration/packet pick up: 9:00 am

\$15 Youth registration (15 and under)- -\$10 Pre-registration

\$25 Adult Registration--\$20 Pre-registration

\$35 Family Registration (max of 3 runners and must register together in order for discount to be valid)

****Pets are highly encouraged to run/walk with their owners, but are required to be leashed and up-to-date on all vaccinations and minimal disruption to other runners/walkers/pets

Awards will be given to all 1st and 2nd place categories: Male, Female, Child, Canine

Complete ALL information (specify which category runner is participating in)

___YES! Please count me in for the run

___ I am not running but would like a T-shirt (\$10.00)

T-Shirt size: ___S___M___L___X-LG

___No, I am unable to participate, but please accept my gift \$_____ to the Pulaski County Humane Society

Pre-registration Deadline: 1 March In person /2 March Online

Register and pay online: PayPal www.lovingpawsadoptioncenter.com

In-person: Loving Paws Adoption Center

All checks payable: Pulaski County Humane Society

*** No mail in applications accepted

For more info or questions, please call (573) 774-9266

Print Legible:

Name: _____ AGE: _____

Gender: _____

Address: _____

Email: _____

City: _____ State: _____ Zip _____ Ph# _____

Total Amount Pd \$ _____

Complete for family registration only:

2nd Runner

Name: _____ Age: _____ Gender: _____

3rd Runner

Name: _____ Age: _____ Gender: _____

Athletes release form: In consideration of my acceptance to this event, by signing below, I assume all risks and hold harmless the sponsors, officials, volunteers, and all persons associated with the Pulaski County Humane Society from any liability, claims, or causes of action of any kind and nature arising out of or relation to my participation in this event. For the safety of all participants: unregistered participants, bicycles, skateboards, roller skates, roller blades, and or headphones are discouraged. Any animals that run must follow highlighted instructions above and must be physically capable of this run and should not interfere with other runners. If you disregard these restrictions, you are assuming liability for any injury, which may occur to yourself or others during this activity. Drink plenty of fluids prior to the race and replenish your fluids at the hydration station along the run route and after the finish line. I also give my permission for the free use of my name and picture in any broadcast, telecast, web-posting, or written account of this event. I further certify that I am properly trained, and physically fit, capable of this event, and acknowledge the dangers of participating in such an event.

Signature (parent or guardian if under 18)

DATE